

TRISTATE MEDICAL RESERVE CORPS (TMRC) TRAINING MATRIX

MRC Core Competencies	TRAIN Course #	Web Links	Date Completed
TMRC Orientation: Core Competencies 4, 7, & 8			
<ul style="list-style-type: none"> ▪ Onsite orientation offered by local MRC units – dates provided on TMRC website 	NA	www.tristatemrc.org	
<ul style="list-style-type: none"> ▪ MRC Orientation Module 	1009215	www.mrc.train.org	
Personal and Family Disaster Planning: Core Competencies 1 & 2			
<ul style="list-style-type: none"> ▪ MRC Family Disaster Planning Module 	1009110	www.mrc.train.org	
<ul style="list-style-type: none"> ▪ American Red Cross “Be Red Cross Ready”. Interactive Online module or classroom 	NA	www.redcross.org/services/prepare/0,1082,0_239_00.htm	
<ul style="list-style-type: none"> ▪ FEMA: IS-22, “Are You Ready? An In-Depth Guide to Citizen Preparedness 	1013401	www.mrc.train.org	
Incident Management: Core Competency 3			
<ul style="list-style-type: none"> ▪ IS-700.a An Introduction to NIMS Module 	1016070	www.mrc.train.org	
<ul style="list-style-type: none"> ▪ MRC: An Introduction to Incident Command; or ▪ FEMA: IS-100.HC Introduction to ICS for Healthcare/Hospitals; or ▪ FEMA: IS-100.a Introduction to ICS 	1014646	www.mrc.train.org	
	1007579	www.mrc.train.org	
	1016067	www.mrc.train.org	
Risk Communication: Core Competency 5			
<ul style="list-style-type: none"> ▪ MRC Risk Communication Module 	1009111	www.mrc.train.org	
<ul style="list-style-type: none"> ▪ FEMA: IS-242 Effective Communication 	1005513	www.mrc.train.org	
Psychological First Aid (PFA): Core Competency 6			
<ul style="list-style-type: none"> ▪ Red Cross PFA Course (4 hours) periodically offered as onsite training 	NA	www.tristatemrc.org	
<ul style="list-style-type: none"> ▪ MRC Psychology of Disaster Module 	1009534	www.mrc.train.org	
<ul style="list-style-type: none"> ▪ NACCHO/MRC Psychological First Aid: The Role of MRC Volunteers in Disaster Response 	1010549	www.mrc.train.org	

NOTE: The FEMA courses listed above on MRC TRAIN can also be taken directly through the Emergency Management Institute at <http://training.fema.gov/> and either method will include course completion certificates. The benefit of using MRC TRAIN is that an individual transcript of your completed MRC and FEMA courses will be maintained and is available to print out for your records.

Additional Incident Management Training Resources:

Cincinnati Health Department Incident Management System Training – Classroom courses on Incident Management, Weapons of Mass Destruction, and other emergency preparedness topics. If you are interested in attending these courses, view the flyer link on the TMRC training page at <http://www.swoph.org/tmrcrtraining.htm> or contact Ami McLandsborough at 513-357-7212 or ami.mclandsborough@cincinnati-oh.gov

Additional FEMA Online Courses - The following online modules provide a broader perspective on the Emergency Support Function #8 (ESF-8) and Emergency Management:

- FEMA IS-800.B National Response Framework, an Introduction <http://training.fema.gov/EMIWeb/IS/IS800b.asp>
- FEMA IS-808 ESF #8 Public Health and Medical Services <http://training.fema.gov/EMIWeb/IS/IS808.asp>
- FEMA IS-230 Principles of Emergency Management <http://training.fema.gov/EMIWeb/IS/is230.asp>

Additional Incident Management Course Titles	Course Information	Date Completed