

## What is ESP?

The Elderly Services Program (ESP) helps older adults remain safe and independent in their own homes. It provides in-home care for eligible seniors who might otherwise be forced to leave their homes and enter a nursing facility. ESP expands care that may already be provided by family and friends.

### Who operates this program?

Council on Aging of Southwestern Ohio (COA) manages the program for the Butler County Board of County Commissioners. A volunteer community board is appointed by the commissioners to advise on program needs and policies. LifeSpan, Inc. provides assessment, intake, and care management.

### Who is eligible?

Services are available to Butler County residents age 65 and older who need help with certain activities of daily living (bathing, cleaning, cooking, transportation, etc.). Home-delivered Meals are available starting at age 60. Eligibility for each service is determined by an ESP care manager during a home visit.

There is no income qualification for this program. However, depending on your income, you may be required to help pay for the cost of your care through a co-payment. More information is available on the back of this brochure.

## What kind of help is available through ESP?

**Eligibility for each service determined by an ESP care manager during a home visit.**

**Adult Day Services:** Structured programs provide a secure, stimulating environment and respite for caregivers. Transportation may be available.

**Care Management:** A registered nurse or licensed social worker coordinates your services and monitors your care.

**Consumer Directed Care:** Allows you to hire a friend or family member to provide home care services. Eligibility determined by ESP care manager.

**Electronic Monitoring System:** 24-hour, in-home monitoring systems that provide safety and/or medication alerts.

**Environmental Services:** Pest control, major housecleaning and waste removal.

**Home Care Assistance:** A trained aide helps with housekeeping, personal care and other daily activities, and provides respite for the primary caregiver.

**Home Modifications and Repairs:** Minor repairs and safety upgrades such as ramps, grab bars and dead-bolt locks.

**Independent Living Assistance:** Help with benefit applications and organizing personal and household records.

**Meals and Nutrition Counseling:** Home-delivered meals and help understanding your special dietary needs.

**Medical Equipment:** Health or safety-related equipment such as a bath bench, cane, walker, or other equipment not covered by insurance.

**Mental Health Services:** Feelings of depression and anxiety make it harder to remain independent. A counselor can meet with you in your home to help you regain a more positive outlook and sense of well being.

**Transportation:** Transportation to routine medical and other appointments.



**“I appreciate the services so much. It’s just a blessing to be able to stay in my home with their help. I don’t know what I’d do without it.”**

**Butler County ESP client, Ruth,  
with her care manager, Sarah**

## Funding and Cost

The Elderly Services Program is made possible thanks to the generous support of Butler County taxpayers via a senior services tax levy. Other funding comes from federal and state money, grants, donations, and client co-payments.

To help the program serve as many people as possible with the tax dollars available, some clients are required to help pay for the cost of their care through a co-payment. Co-payments are set on a sliding scale depending on income, assets, and medical expenses.

Home-delivered meals are always free, but donations are welcomed to help provide meals to more seniors in our area.



*"We do everything we can for ourselves, but we really appreciate having the help."*

**Brenda and Berry, Butler County ESP clients**

## How do I apply?

Call **(513) 868-9281** to speak with a nurse or social worker who can answer questions, explain services, and assess your needs. You'll answer a few questions on the phone and if ESP is right for you, a care manager will schedule an in-home visit to verify your eligibility.

If you qualify, your care manager will work with you and your family to arrange for the services that best meet your needs.

**You can learn more at:**  
[www.butlercountyohio.org/elderservices/](http://www.butlercountyohio.org/elderservices/)



Butler County Commissioners  
315 High Street  
Hamilton, Ohio 45011  
(513) 887-3247  
[www.butlercountycommissioners.org](http://www.butlercountycommissioners.org)



Council on Aging of Southwestern Ohio  
175 Tri County Parkway  
Cincinnati, OH 45246  
(513) 721-1025  
(800) 252-0155  
[www.help4seniors.org](http://www.help4seniors.org)



LifeSpan, Inc.  
1900 Fairgrove Avenue  
Hamilton, OH 45011  
(513) 868-9281  
(800) 215-5305  
[www.lifespanohio.org](http://www.lifespanohio.org)

*The Elderly Services Program does not discriminate on the basis of race, color, creed, age, sex, national or ethnic origin, or disability.*

*Updated: 05/06/2015*



# Butler County's

# ESP

Elderly Services Program

Helping older adults maintain independence in their homes.

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**(800) 215-5305**